

Course Overview

The Leadership Skills Training Program introduces models of leadership that provide a transitional experience into the role of chief resident. The experiential workshops consist of small-group sessions and exercises offering incoming chief residents the tools, skills, and learning environment to enhance their understanding of interpersonal communication and group dynamics, including skills critical to success and satisfaction as both a clinician and leader. **Dress code is casual.**

Course Faculty Members

Maureen G. Leffler, DO, MPH
ACGME Course Director, Leadership Skills Training Program for Chief Residents
Chief Wellness Officer, Nemours Health System

Rita Lee, MD
Professor, Division of General Internal Medicine, University of Colorado School of Medicine (UCSM)
Director, Health Systems Science and Health Equity, UCSM; Director, Health Equity Education and Training, Anschutz Medical Campus

Matthew R. G. Taylor MD, PhD
Director, Adult Clinical Genetics, Department of Medicine
Director, BA/BS-MD Program to promote diversity of medical professionals practicing medicine in Colorado
University of Colorado Anschutz Medical Campus

Jason S. Williams, PsyD
Clinical Director; Director of Training, Children's Hospital Colorado Anschutz Medical Campus School of Medicine, Psychiatry

Nichole G. Zehnder, MD
Associate Professor, Department of Medicine; Associate Dean, Educational Strategy
Washington University School of Medicine

2022 LEADERSHIP SKILLS TRAINING PROGRAM FOR CHIEF RESIDENTS

FOUR WORKSHOPS IN PHILADELPHIA, PENNSYLVANIA

All programs are three days in length and open to rising chief residents from all specialties.

Hotel accommodations should be made **after** confirmation of acceptance to the program. **The ACGME has reserved a block of rooms at each of the hotels listed below for arrival the night prior to the program start.** Rooms are available on a first-come, first-serve basis. Identify yourself as an ACGME program participant, as indicated in the Hotel Information below, to receive the conference rate.

Wyndham Philadelphia Historic District 400 Arch Street, Philadelphia, Pennsylvania Reservation Links available on Registration page			
May 2-4 Registration Deadline: April 15	May 16-18 Registration Deadline: April 15	May 19-21 Registration Deadline: April 15	June 6-8 Registration Deadline: May 2

Program Information

The ACGME is pleased to offer the longstanding and successful Leadership Skills Training Programs for Chief Residents.

The health and safety of attendees and personnel is always the ACGME's top priority. As the COVID-19 pandemic continues to affect travel and large group gatherings, the ACGME requires proof of vaccination and booster for COVID to attend in-person events. This decision aligns with organizational priorities and the ACGME's continued commitment to protecting public health.



Daily Agenda:

7:30-8:30 a.m.: Registration sign-in and breakfast

Breaks and lunch provided

TOPICS

DAY 1 – 8:30 a.m.- 4:30 p.m.

Orientation to the Diverse Leadership Roles and Challenges of Chief Residency

Objective: Recognize the unique challenges faced by chief residents and identify the ideal skill sets useful for success in this role.

Discovering your Personal Leadership Strengths and Weaknesses

Objective: Increase individual and group awareness of self and others' personalities and diversity and learn to manage oneself more effectively in a leadership role.

DAY 2 – 8:30 a.m.- 4:30 p.m.

Diversity, Equity, and Inclusion

Objective: Understand how one's own background affects oneself as a leader and develop skills to manage the complexity of the issue at both the individual and group levels.

Dynamics of Group Function

Objective: Learn how group dynamics play a major role in the effectiveness of a group at maintaining cohesion to achieve its goals.

DAY 3 – 8:30 a.m.-3:00 p.m.

Conflict and Power Dynamics in Hierarchical Organizations

Objective: Learn and practice different styles of conflict management and increase awareness of personal skills and weaknesses in this area, and analyze personal experiences as a chief resident and how they relate to power dynamics and behaviors, optimizing efficacy as a leader and ability to work with hospital administrators.

Individual and Programmatic Well-Being, and Adjourment

Objective: Increase ability to recognize patterns of emotional response to personal and professional rough spots, identify strategies to promote engagement and reduce potential for burnout, and build resilience within oneself and one's program.

Change Project and Professional Support Network

Objective: Through direct application of the material covered throughout the course, chiefs will define a specific change project, analyze the complexity of the project, and draft an approach to implementing this change and define the specific support network needed to succeed in the role as chief resident.



Registration

Registration is limited and must be completed online with payment. The registration fee of **\$1,020** includes breakfast, lunch, and breaks for each conference day; a reception on the first conference day; and a syllabus and all workshop materials. **Credit card payment is required**, and registration confirmation will be sent via email immediately upon submission of payment.

NOTE: Pending registrations will be canceled if payment is not received by the registration deadline.
DO NOT MAKE TRAVEL OR HOTEL RESERVATIONS UNTIL CONFIRMATION OF ACCEPTANCE IS RECEIVED.

Cancellation and Refund Policies

A full refund will be given until 30 days prior to the program date. Cancellations requested less than 30 days before a scheduled workshop will incur a \$125 administrative fee. No refunds will be made for cancellations made seven days or less before a workshop.

If the ACGME cancels a program, registrants will receive a full refund of the registration fee. No refund for airfare or hotel costs will be provided by the ACGME.

Email **content questions** to **Ann M. Riley, ACGME Training Program Administrator** at ariley@acgme.org.

Email **registration questions** to registration@acgme.org.